



2025-2026 SEASON

	STUDIO GOLD (Front)			STUDIO DIAMOND (Back)			LAKEVIEW GYM		
	Class Time	Length	Class	Class Time	Length	Class	Class Time	Length	Class
MONDAY	4:00-4:55	55 mins	PRE-TEEN (A&B) - Competitive Jazz (1 of 2)	4:00-4:40	40 mins	Pre-Competitive Tap - Age 6	4:00-7:30	3.5 hours	TEEN/SENIOR Baton Twirling (1 of 2)
	4:55-5:50	55 mins	PRE-TEEN (A&B) - Competitive Tap (1 of 2)	4:40-5:20	40 mins	Pre-Competitive Hip Hop - Age 6	6:30-8:30	2 hours	PRE-TEEN Competitive Baton Twirling (1 of 2)
	5:50-6:35	45 mins	JUNIOR - Competitive Jazz (1 of 2)	5:25-6:10	45 mins	MINI - Competitive Hip Hop			
	6:35-7:20	45 min	JUNIOR - Competitive Hip Hop	6:10-7:00	50 mins	MINI - Competitive Tap			
	7:20-8:00	40 mins	ADULT- Back to/New To (Sept to Dec)/ Performance - Hip Hop (January to June)	7:20-8:00	40 min	ADULT - Back to /New to (Order listed on website)			
	8:00-9:00	1 hour	SENIOR - Competitive Jazz (1 of 2)	8:00-9:00	1 hour	TEEN - Competitive Tap (1 of 2)			
	9:00-10:00	1 hour	SENIOR - Competitive Hip Hop	9:00-10:00	1 hour	TEEN - Competitive Jazz (1 of 2)			
TUESDAY	4:00-5:00	1 hour	JUNIOR - Competitive Baton Twirling	4:00-4:50	50 mins	MINI - Competitive Ballet (1 of 2)			
	5:00-5:45	45 mins	MINI - Competitive Baton Twirling	4:55-5:45	50 mins	PRE-TEEN (A&B) - Competitive Contemporary			
	5:45-6:45	1 hour	PRE-TEEN (A&B) - Acro Tech	5:45-6:45	1 hour	JUNIOR - Competitive Ballet (1 of 2)			
	6:45-7:35	50 min	JUNIOR - Acro Tech	6:50-7:50	1 hour	PRE-TEEN (A&B) - Competitive Ballet (1 of 2)			
	7:50-8:50	1 hour	TEEN - Acro Tech	7:50-9:00	1.2 hours	SENIOR - Competitive Ballet (1 of 2) - All			
	9:00-10:00	1 hour	SENIOR - Acro Tech	9:00-10:00	1 hour	TEEN - Competitive Ballet (1 of 2)			
WEDNESDAY	4:00-4:50	50 min	PRE-TEEN (A) - Competitive Jazz (2 of 2)	4:00-4:45	45 mins	JUNIOR - Competitive Ballet (2 of 2)			
	4:50-5:35	45 mins	JUNIOR - Competitive Tap (1 of 2)	4:50-5:45	55 min	PRE-TEEN (A) - Competitive Ballet (2 of 2)			
	5:45-6:35	50 min	PRE-TEEN (A) - Competitive Tap (2 of 2)	5:45-6:40	55 min	PRE-TEEN (B) - Competitive Ballet (2 of 2)			
	6:35-7:50	1.25 hour	TEEN/SENIOR - Competitive Baton Twirling (2 of 2)	6:45-7:45	1 hour	PRE-TEEN (A&B) - Competitive Hip Hop			
	8:00-9:00	1 hour	TEEN/SENIOR - Competitive Tap (2 of 2)	7:50-8:50	1 hour	PRE-TEEN - Competitive Baton Twirling (2 of 2)			
	9:00-10:00	1 hour	SENIOR - Competitive Tap (1 of 2)	9:00-10:00	1 hour	TEEN - Competitive Hip Hop			
THURSDAY	4:00-5:00	1 hour	Acro Choreography/Exam (Pre-Teen/Teen)	4:15-5:00	45 min	JUNIOR - Competitive Jazz (2 of 2)			
	5:00-5:45	45 min	Acro Choreography/Exam (Junior)	5:00-5:45	45 min	Advanced Trilogy Tots - Age 4&5 - B			
	5:45-6:45	1 hour	Acro Choreography/Exam (Senior)	6:00-6:45	45 min	JUNIOR - Competitive Tap (2 of 2)			
	6:45-7:45	1 hour	SENIOR - Competitive Jazz (2 of 2)	6:50-7:40	50 min	PRE-TEEN (B) - Competitive Tap (2 of 2)			
	7:55-8:45	50 mins	TEEN - Competitive Contemporary	7:45-8:35	50 min	PRE-TEEN (B) - Competitive Jazz (2 of 2)			
	8:45-9:45	1 hour	SENIOR - Competitive Contemporary	8:45-9:45	1 hour	TEEN - Competitive Jazz (2 of 2)			
FRIDAY	4:00-5:30	1.5 hour	SENIOR - Competitive Ballet (2 of 2)						
	5:30-7:00	1.5 hour	TEEN - Competitive Ballet (2 of 2)	6:30-7:15	45 mins	MINI/JUNIOR- Competitive Musical Theatre			
	7:00-8:30	1.5 hour	SENIOR - Advanced 1 Ballet (until exam)	7:15-8:00	45 mins	PRE-TEEN/TEEN/SENIOR - Competitive Musical Theatre			
SATURDAY	9:00-9:40	40 mins	Pre-Competitive Ballet - Age 6	9:15-9:45	30 mins	Tiny Trilogy Tots - Age 2&3 - A			
	9:45-10:30	45 mins	Advanced Trilogy Tots - Age 4 - A	9:50-10:30	40 mins	Pre-Competitive Jazz - Age 6			
	10:45-11:30	45 mins	Pre-Competitive Tumble & Twirl - Age 6	10:35-11:05	30 mins	Tiniest Tots (Sessional)- Age 18 months-2 years (parented)			
	11:35-12:05	30 mins	Advanced Tots Tumble & Twirl - Age 5	11:10-11:40	30 mins	Tiny Trilogy Tots - Age 2&3 - B			
	12:10-12:55	45 mins	MINI - Acro	12:10-12:55	45 mins	Advanced Trilogy Tots - Age 5 - A			
	1:00-1:50	50 mins	MINI - Competitive Jazz	1:10-1:50	40 mins	Performance - Contemporary Ballet			
	2:00-2:45	45 mins	MINI - Competitive Ballet (2 of 2)	1:50-2:30	40 mins	Performance - Jazz			
				2:30-3:10	40 mins	Performance - Tap			

Schedule as of May 27, 2025 (subject to change)